

## **Workplace Prayer**

*Don't worry about anything; instead, pray about everything.*  
Philippians 4:6

- Each morning, before you start your job, pray for your workday. Pray for:
  - the tasks you have,
  - the decisions you must make,
  - the people you will interact with.
- Pray for courage and boldness and wisdom and discernment.
- Pray for your manager and company leaders.
- Pray for your subordinates.
- Thank God for the blessings he has shared with you and your company.
- Ask God to bless your work and your company.
- Before you make a decision, pray for guidance.
- Before you accept a new client or a new job, pray.
- Before you take a break, pray that your speech might encourage and uplift and not tear down.
- Before you write an e-mail, pray God gives you the right words.
- When you feel stress, stop, close your door or turn down the radio in the car, and pray for two minutes.
- On the trip home, pray a transition prayer. Get off the phone, turn off the radio and pray a simple prayer to leave your work behind and prepare for your family or friends.
- Last, on the weekend, pray that God will give you rest.